

# TIME FOR A CATALYST?

Catalyst Coaching 360 offers best-in-class health, wellness and performance coaching for employers, EAPs and wellness service providers, augmenting the outcomes for employee team members, partners and clients you serve with real, measurable (and meaningful) results.

## WHY CATALYST COACHING 360?



### BOARD-CERTIFIED COACHING

Our nationally board-certified health, wellness and performance coaches bring a higher level of expertise to optimizing wellness plan strategies.



### EXPERIENCE

Established in 2007, we were the first coaching-centric provider to maintain the URAC Comprehensive Wellness Provider status.



### PLUG 'N PLAY SETUP

Simplified setup integrates with any current platform or program—or we can provide a custom option built just for you.



### EXTREMELY EASY INTEGRATION

You're busy. Our seamless process is so simple and quick you'll wonder why you didn't integrate Catalyst years ago!



### GUARANTEED OUTCOMES

When effective, coaching produces measurable dividends. We partner with you to provide meaningful guarantees aligned with your internal KPIs and desired outcomes.



### INTERNAL PROGRAM SUPPORT

Prefer to build your own internal program? We'll walk you through best practices while providing access to coaching throughout the process.

## THE CATALYST DIFFERENCE

### BEST IN CLASS

Coaching can often involve call-centers, scripting and unproductive box-checking. Catalyst brings personalized, gold standard behavior-change specialists to your team combined with the relational component that creates a meaningful interaction in an often stress-filled world.

### VALUE-BASED PRICING

If you're tired of the missing link between investment and outcomes, you'll love our pricing model. Straight-forward, measurable and based around the goals you've established as an employer, EAP or wellness service provider.

### LASTING, MEANINGFUL CHANGE

Across the spectrum of physical, emotional and mental health, positive personal change can be difficult. Our evidence-based practices and relationship-centric approach makes all the difference.

 [CatalystCoaching360.com](https://CatalystCoaching360.com)

 [Results@CatalystCoaching360.com](mailto:Results@CatalystCoaching360.com)

